Supporting material for:

Allometric cell spreading and the geometrical control of focal adhesion collective organization

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Appendix 1: Geometrical description of cell spreading

1. Model

The simplest model of cell body shape corresponds to assume that it is governed only by cortical actomyosin tension and plasma membrane-regulated volume. This has been shown to lead to consistent predictions during cell spreading on two plates (1). Volume regulation implies a pressure difference across the membrane (and the thin actomyosin cortex apposed to it), this pressure equilibrates spatially at a timescale much shorter than spreading (2). Following (3) we further assume that the cortex is under a uniform isotropic tension $\sigma(t)$ and axial symmetry of the shape. The shape of the cell cortex in those conditions can be parameterised as $\Gamma = \{r(z,t), z_{\min} \leq z \leq z_{\max}\}$ and the volume of the cell body can be calculated by:

$$V(t) = \pi \int_{Z_{\min}}^{Z_{\max}} r(z, t)^2 dz$$

It obeys the Young-Laplace equation:

$$H(t) = \frac{r''}{(1+r'^2)^{3/2}} - \frac{1}{r\sqrt{1+r'^2}} = \frac{\Delta p}{\sigma}$$
 [1]

where $r'=\mathrm{d}r/\mathrm{z}$, $\Delta p(t)$ is the pressure difference between the interior and exterior and we define H the mean curvature. Given uniform pressure and tension, H is uniform in space and thus the shape has constant mean curvature and can be a portion of sphere, cylinder, unduloid or nodoid (Fig. S5-C). For single plate spreading, the only appropriate shape is obviously a spherical cap and it can be readily shown that for a given volume V and basal radius R_b there is only one solution to Eq 1. The ratio $\frac{\Delta p}{\sigma}$ of pressure difference and tension is thus deduced from the volume.

For the spreading between two plates, the shape can be either of a nodoid, unduloid or cylinder depending on the respective values of R_b and V. Similar to the single plate case, being given these two values, a unique shape and the corresponding ratio $\frac{\Delta p}{\sigma}$ of pressure difference and tension can be deduced.

In what follows, we reproduce the sequence of shapes of a cell during spreading, either in unconfined (single plate) or confined (parallel plates) geometry, by assuming that it maintains a constant volume $V = V_0$ and varying its radius $R_b(t)$.

2. Single plate geometry: spherical cap

Given $R_b(t)$ and V_0 , it can be easily verified that spheres of parametric equation

$$\begin{cases} z(s) = R_{cap}(1 - \cos(s)) + z_0 \\ r(s) = R_{cap}\sin(s) \end{cases}$$

for a curvilinear coordinate $s \in [0,s_f]$, with $z_0(t) = \pm \sqrt{R_{cap} - R_b}$ and $s_f = \arccos\left(\frac{R_{cap} + z_0}{R_{cap}}\right)$ are solutions. We calculate the radius of curvature $R_{cap}(t) = 2/H(t)$ such that the spherical cap volume $V(t) = \frac{\pi}{6}(R_{cap} + z_0)(3R_b^2 + (R_{cap} + z_0)^2)$ is equal to V_0 .

The (outer) contact angle at the plate can be calculated as $\cot \theta = -\frac{\mathrm{d}r}{\mathrm{d}\tau}$, resulting in $\theta = \cos^{-1}(z_0/R_{cap})$.

3. Two plates geometry

When spreading between two parallel plates spaced by height h, we assume that the shape is symmetric with respect to the plane z=0 parallel to the plates $z=\pm h/2$ and at equal distance from them. Thus the surface forms a right angle with this plane, r'(z=0)=0. The additional conditions are that $r(z=h/2)=R_b(t)$ and, as above, volume $V(t)=V_0$ allows to set H(t). We proceed with an additional intermediate unknown, $r(z=0,t)=R_e(t)$: for a given t, we initialise $R_e(t)$ to a first guess $R_e^0(t)$ and use a fixed point algorithm on R_e^i to reach $V(t)=V_0$.

The problem of integration of nonlinear Eq 1 is thus done with boundary conditions:

$$\begin{cases} r(s_i, t) = R_e(t), & z(s_i) = 0 \\ r(s_f) = R_b(t), & z(s_f) = h/2 \\ \frac{dr}{dz}(s_i) = 0 \end{cases}$$
 [2]

It is known (4) that depending on R_e , the solution can belong to five families of curves: nodoids for $R_e^2 < R_b^2 + (h/2)^2$, a sphere when $R_e^2 = R_b^2 + (h/2)^2$, an unduloid for intermediate values of R_e (but a cylinder for $R_e = R_b$), a catenoid when $R_e = R_e^*$ such that $R_e^* \cosh(h/(2R_e^*)) = R_b$ and nodoids again when $R_e > R_e^*$. In practice, for the range of $R_b(t)$ that is useful to compare with experiments, we find that $R_e < R_e^*$. Note that spheres, cylinders and catenoids can be seen as limiting cases of unduloids or nodoids.

A. Unduloid. Its parametric representation (5) is:

$$\begin{cases} z(s) = \frac{b^2}{a} \int_0^s I_u(u) du + z_0, \\ r(s) = b \sqrt{\frac{1 - \xi_u \cos s}{1 + \xi_u \cos s}}. \end{cases}$$
 [3]

where

$$I_u(u) = \frac{1}{(1+\xi_u\cos u)\sqrt{1-\xi_u^2\cos^2 u}},$$

and s is a curvilinear coordinate varying in a range $[s_i, s_f]$ which is to be determined, whereas a, b and $\xi_u = \sqrt{1 - \frac{b^2}{a^2}}$ are positive parameters also to be determined. It can be shown that such curves obey the equation:

$$1 + \left(\frac{dr}{dz}\right)^2 = \frac{4a^2r^2}{(r^2 + b^2)^2}$$
 [4]

which in turn verify Eq 1 with $H = \pm 1/(2a)$.

Because $r(s_i) = R_e$ is the minimum of r if $R_e < R_b$ (resp. the maximum else), $s_i = 0$ (resp. $s_i = \pi$). Rewriting $b = a\sqrt{1 - \xi_u^2}$ and using the boundary condition $r(s_f) = R_b$, the parameters b, s_i and s_f can be expressed as functions of ξ_u and a. The additional boundary condition r'(z = 0) = 0 injected in Eq 4, yields two possible values of a as a function of ξ_u ,

$$a(\xi_u) = \frac{R_e(1 - \chi \xi_u)}{1 - \xi_u^2}$$

where $\chi=\pm 1$. It can be shown that χ has to have the same sign as R_e-b (6), which has the same as the sign as R_e-R_b . The remaining parameter, ξ_u , can be determined from the implicit equation

$$h/2 = z(s_f(\xi_u, R_b)) = \frac{b(\xi_u)^2}{a(\xi_u)} \int_{s_i}^{s_f(\xi_u, R_b)} I_u(\xi_u, s) ds \quad [5]$$

As above, the angle at the bottom plate can be found using $\cot\theta=-\frac{\mathrm{d}r}{\mathrm{d}z}(-s_f).$

B. Nodoid. Its parametric representation (5) is:

$$\begin{cases} z(s) = \frac{b^2}{a} \int_0^s I_n(u) \, \mathrm{d}u + z_0, \\ r(s) = b \sqrt{\frac{\xi_n - \cos s}{\xi_n + \cos s}}. \end{cases}$$
 [6]

where

$$I_n(u) = \frac{\cos u}{(\xi_n + \cos u)\sqrt{\xi_n^2 - \cos^2 u}},$$

and $s \in [s_i, s_f]$, a range to be determined. The positive parameters a, b, and $\xi_n = \sqrt{1 + \frac{b^2}{a^2}}$ obey the governing differential equation:

$$1 + \left(\frac{\mathrm{d}r}{\mathrm{d}z}\right)^2 = \frac{4a^2r^2}{(r^2 - b^2)^2}.$$
 [7]

Similarly to the unduloid case, and using the boundary condition at $z=0,\ a$ can again be expressed as a function of \mathcal{E}_n :

$$a(\xi_n) = \frac{R_e(\chi - \xi_n)}{1 - \xi_n^2}.$$

The remaining parameter, ξ_n , is determined by solving the implicit equation:

$$h/2 = z(s_f(\xi_n, R_b)) = \frac{b(\xi_n)^2}{a(\xi_n)} \int_{s_i}^{s_f(\xi_n, R_b)} I_n(\xi_n, s) \, \mathrm{d}s, \quad [8]$$

where the integration bounds s_i and s_f are defined based on the boundary conditions.

C. Implementation and upper limit. In Figure 5, we set $V_0 = \frac{4}{3}\pi R_0^3$, where $R_0 = 8.83\mu\mathrm{m}$ for untreated cells, and $h = 1.9R_0$, in accordance with the experimental conditions. For R_b varying over the range of experimentally observed values, we then calculate the shape of spherical caps of volume V_0 , and of either unduloids or nodoids of volume V_0 and height h, as detailed above. We can then deduce the angle that these shape make with the substrate.

There is a lower bound for the volume enclosed in a CMC surface of rotational symmetry having radius $r = R_b$ at z = h/2, however to the best of our knowledge there is no general formula allowing to compute it. In practice, we find that solutions cease to exist for our choice of parameters V_0 and h beyond a radius $R_b^* \simeq 13 \mu \text{m}$. There does not exist, e.g., a section of catenoid of height h that has volume V_0 . The physical understanding of this geometrical limitation is that the model must cease to be valid for cells observed with $R_b > R_b^*$: it is e.g. possible that the symmetries assumed here (axial symmetry, isotropy of the tension) cease to be a fair approximation.

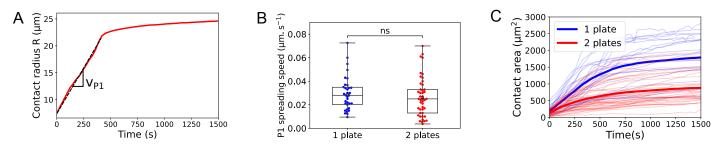


Fig.S 1. A - Cell-substrate contact radius as a function of time of a typical Ref-52 fibroblast spreading on a bi-dimensional substrate. v_{P1} describes the spreading speed during the first phase of spreading. B - Boxplot representing the spreading speed during the first phase of spreading P1 in the single plate and parallel plates geometry. C - Contact area as a function of time for all samples tested in the single plate (blue) and parallel plates (red) geometry. Bold lines represent the mean value calculated over all samples at each time-point.

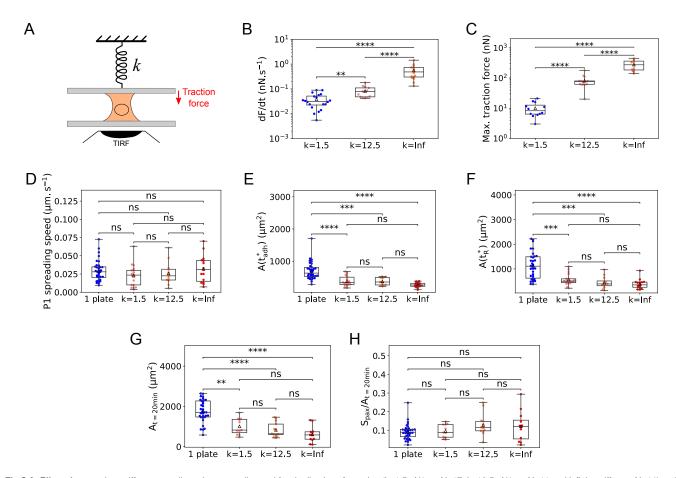


Fig.S 2. Effect of upper plate stiffness on cell traction, spreading and focal adhesions formation ($k=1.5 \text{ nN/\mu m}$, N=17; $k=12.5 \text{ nN/\mu m}$, N=11 and infinite stiffness, N=14) and comparison with single plate experiment ('1 plate'). A - Sketch of parallel plate setup. The upper plate is flexible, with stiffness k. TIRF imaging is performed at the bottom, rigid plate. B - Maximum rate of traction force increase. C - Maximum traction force. D - Spreading rate during the first phase of spreading (P1). E - Contact area $A(t_{adh}^*)$ at which paxillin starts forming aggregates. F - Contact area $A(t_R^*)$ at transition between spreading phases. G- Cell-substrate contact area after 20 minutes of spreading. H - Ratio of focal adhesions ring area over cell-substrate contact area after 20 minutes of spreading.

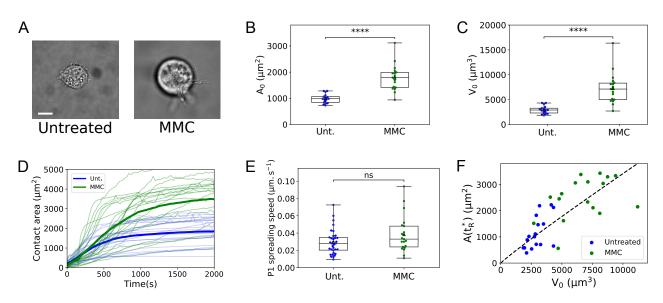
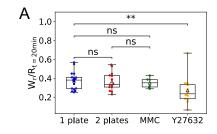


Fig.S 3. Effect of mitomycin C treatment (0.25μM, 2 days) on cell size in suspension. A - Bright-field images of Ref-52 fibroblast in suspension treated (MMC, right) or not (Untreated, left) with mitomycin C. Scale bar: $10\mu m$. B - Effect of mitomycin C treatment on cell surface in suspension. C - Effect of mitomycin C treatment on cell volume in suspension. D - Contact area as a function of time for all untreated (Unt., blue) and mitomycin C treated (MMC, green) samples. Bold lines represent the mean value calculated over all samples at each time-point. E - Boxplot representing the spreading speed during the first phase of spreading P1 for untreated and mitomycin C-treated samples. F - Contact area $A(t_R^*)$ as a function of cell volume in suspension V_0 in untreated (blue) and Mitomycin C treated cells (green). Dotted line: power-law fit of exponent 0.94, close to 1.



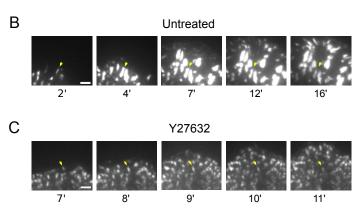


Fig.S 4. A - Width of the focal adhesions ring versus contact radius along the second phase of spreading P2 for the single plate (blue), parallel plates (red) and MMC treated cells spreading on a single plate (green). B - Typical event of paxillin aggregate formation and turnover during spreading of an untreated cell. Yellow arrow points to the cluster of interest. C - Same as in A for a cell treated with ROCK inhibitor (Y27632). Scale bars: 2μm.

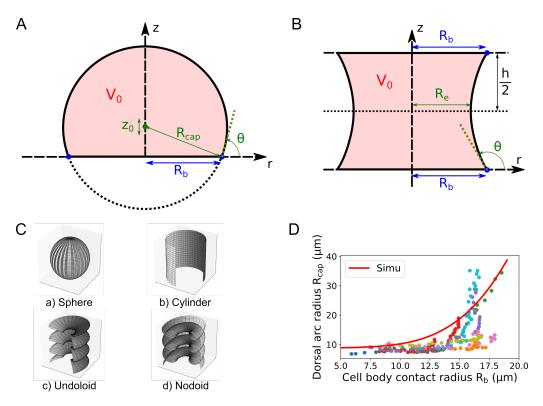


Fig.S 5. Geometrical description of cell spreading. A - Cell shape on a single plate is modeled as a spherical cap of main radius R_{cap} and center $(0, z_0)$. These parameters are calculated so that the spherical cap volume is equal to V_0 and that the extreme contact point is at a given $r = R_b(t)$, which can be varied to predict cell body shape along spreading. B - Cell free edge between two plates is modelled by a constant mean curvature surface, symmetric around z = 0 and truncated by the plates at $z = \pm h/2$. C - Illustration of constant non-zero mean curvature (CMC) surfaces: (a) Sphere, (b) Cylinder, (c) Unduloid, and (d) Nodoid. D - Dorsal arc radius (R_{cap}) on Fig. A) as a function of cell body contact radius R_b for the single plate geometry. Each color represent a single cell. Solid red line shows the result of simulations.

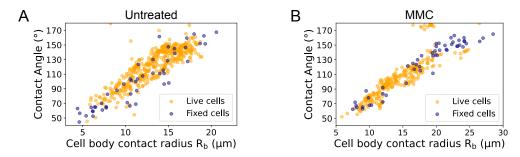


Fig.S 6. Comparison of three-dimensional cell shape in fixed (blue) and live (yellow) cells. A - Contact angle as a function of cell body contact radius for untreated cells. B - Contact angle as a function of cell body contact radius for mitomycin C-treated cells.

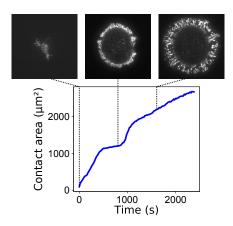


Fig.S 7. Rare event (n/N = 3/30) of cell spreading in two steps: spreading slow-down is followed by increase of spreading rate and second slow-down. Top row: TIRF imaging of paxillin-YFP along spreading. Left: Cell contact at t = 0s. Center: Cell contact at t=800s (first corona of paxillin clusters). Right: Cell contact at t=1600s (second corona of paxillin clusters). Bottom row: Cell contact area along spreading.

Supplementary movies legend

- **Movie 1.** Time-lapse of Ref-52 fibroblast expressing paxilin-YFP spreading on a bi-dimensional glass substrate, imaged via TIRF microscopy. Time is in min:sec. Scale bar: $5\mu m$.
- Movie 2. Time-lapse of Ref-52 fibroblast expressing paxilin-YFP spreading between two parallel glass plate. Bottom cell-substrate contact is imaged via TIRF microscopy. Time is in min:sec. Scale bar: $5\mu m$.
- Movie 3. Time-lapse of Ref-52 fibroblast expressing paxilin-YFP treated with mitomycin C spreading on a bi-dimensional glass substrate, imaged via TIRF microscopy. Time is in min:sec. Scale bar: $5\mu m$.
- Movie 4. Time-lapse of Ref-52 fibroblast expressing paxilin-YFP treated with Y27632 at 8μ M spreading on a bi-dimensional glass substrate, imaged via TIRF microscopy. Time is in min:sec. Scale bar: 5μ m.
- **Movie 5.** Time-lapse of Ref-52 fibroblast spreading on a glass plate seen in profile, imaged via bright-field microscopy. Time is in min:sec. Scale bar: 5μ m.
- Movie 6. Time-lapse of Ref-52 fibroblast spreading between parallel glass plate seen in profile, imaged via bright-field microscopy. Time is in min:sec. Scale bar: 5μ m.
- **Movie 7.** Segmentation and markers of cell profile along spreading of a Ref-52 fibroblast spreading on a glass plate. Scale bar: $5\mu m$.
- **Movie 8.** Shape changes and markers of the profile of a spherical cap of constant volume, mimicking cell spreading on a bi-dimensional substrate.
- **Movie 9.** Shape changes and markers of the profile of a constant mean curvature surface in contact with two parallel planes, mimicking cell spreading between parallel plates.
- **Movie 10.** Three-dimensional representation of shape changes of a constant mean curvature surface in contact with two parallel planes, mimicking cell spreading between parallel plates.
- **Movie 11.** Time-lapse of Ref-52 fibroblast expressing paxilin-YFP spreading on a bi-dimensional glass substrate, imaged via TIRF microscopy, showing two steps of spreading and two successive focal adhesions ring forming. Time is in min:sec. Scale bar: $5\mu m$.

Supporting references

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